

If My Body

Rhythmically (♩ = c. 110)
Introduction - Serious

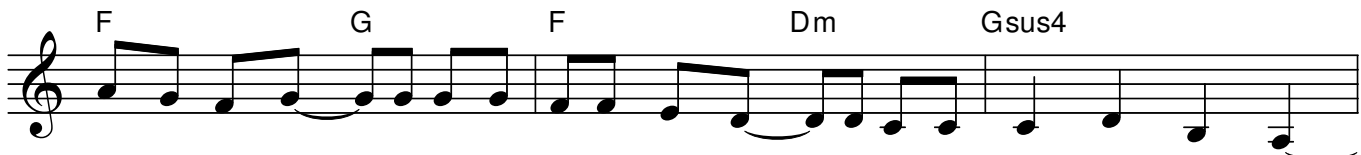
Words and Music by Jeanne Loehnis
arr. ???



I came in - to this world in a bo - dy that's fine. In
But my bo - dy's a bles - sing of - hu - man de - sign. It

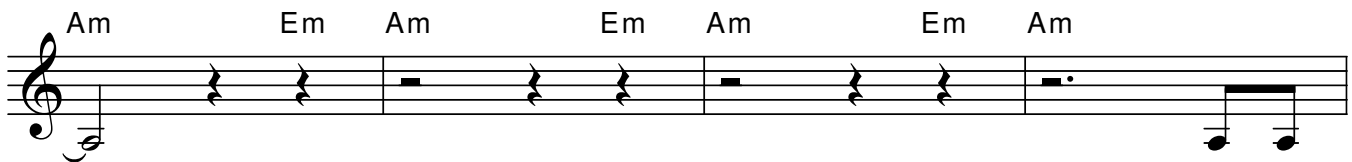


some ways it's ev - ver and to - tal - ly mine. And yet it's on loan: on - ly
hou - ses my Spi - rit the Sa - cred Di - vine! I must tend to her gen - tly be



mine for a time. On - ly I can take care so it lasts through this rhyme
lov - ing and kind. So she is a clear chan - nel and lasts a long time!

Rhythmic with gradual build to verses



If I



thought of my bo - dy as a Mack truck when
bo - dy I saw her as a shi - ny lit - tle sports car
thought of my bo dy as a well oiled ma chine I
bo - dy I thought she was a Win - ne ba - go R V

(* NOTE: Lyrics should be sung with flexibility in rhythm and pitch. Listen to the recording for ideas. Have fun!

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Dm7 E

she was on emp - ty I'd sure - ly fill up! I'd
 I would make sure she'd al - ways shine as a bright star! I'd
 know I'd keep her joints and lig a ments so pris - tine! I'd
 I'd ex - pect her in - sides to be pure and clean! I'd

Am C/G

use on - ly pre - mi um nev - er the cheap stuff!
 wash her and wax her and I'd buff out each mar!
 take her for her tun - ups and those check - ups rou - tine! So
 keep her free of clut - ter so I'd get a - round with ease. Va -

Verses 3 and 4 ONLY

Dm E

she would run as good as new!
 ca - tions would be fun and free!

Dm7 Am/E Em

If my bo - dy, my bo - dy I thought of as a
 If my bo - dy, I thought of her a shi - ny lit - tle
 If my bo dy, I thought of her a well oiled ma chine!
 If my bo - dy, I thought of her a Win - ne ba - go

Am Em Am Em Am Em Am Em

Mack truck! I thought of as a Mack truck! If my
 sports car! A shi - ny lit - tle sports car! If I
 A well oiled ma - chine! If my
 R V! A Win - ne - ba - go R V! (Back to second refrain) (*)

(*) Performance suggestion: After verse 4, before returning to second refrain, repeat each "phrase" - A Winnebago RV. A well oiled machine. A shiny little sports car. I thought of as a Mack Truck.