

This Is The Moment

71

Words and Music by Jeanne Loehnis

♩ = 128

This is the mo - ment. To - day is the on - ly day.

I am a - live in the now. Now I am rea - dy to be

all that I can be. I am a - live in the now! (to verses)

Last time I am a - live in the... I am a - live in the now!

It does - n't mat - ter what hap - pened to me yes - ter - day.
It does - n't mat - ter how old or how young you are.
It does - n't mat - ter if you drive a Porsche or Mer -

I make the most of to - day!
Time need - n't en - ter your mind.
ce - des or an S - U - V.

I've rid - den up and down through ma - ny chal - len - ges.
Look straight a - head. Keep your vis - ion up - on your star.
What mat - ters most is that you take good care of the

I'm here with this to say:
Draw Spi - rit near and you'll find:
one on - ly you can call "me":