

QUESTIONING ...

Yes, that's what it seems to be about these days. What next? What is really mine to do? Who am I to be? How does "who I be" merge with "what I do"? And, for that matter, is there really anything that I must DO or is it simply enough to BE grounded, connected, loving, accepting, expanding, ...?

My life coach has been encouraging me to write a book for eight years now. "Jeanne, you are a writer - write! I love your writing - write! BTW, have I told you lately that I want to see your writings in a book? Write!"

Really, Maripat? Isn't it enough to journal for my own growth, write in my blog, craft lyrics and talks and deliver them? A book? Where do I start? Why bother with such a large undertaking that might never be read - might require hours and hours and stress and more stress and, oh, financial commitment and collaboration with publishers and editors and ...AHhhhhhhhhhhhhhhhhhhhh!!!!!!!

As I let those thoughts fall out of my fingers today (March 25, 2014), I feel a welling in my chest that betrays a depth of emotion around this topic. When that happens to me, and the tears start to fall, I know I am hitting a cord inside, an area awaiting growth, an opportunity (usually defined as a challenge I don't want in my life).

I'm guided to consider this: Am I to write a book that chronicles my journey for the next while? Is there value in sharing intimately with you, from pure vulnerability, what it's like to be Jeanne? What I know about that in this moment is this: my journey is not your journey yet the challenges I face as a human being who desires expansion and growth, fulfillment in service, joy in living, are challenges that you face as well. Yes, human beings have so much more in common with one another than we sometimes like to admit. While I could expand on that in this moment, I will not. But I will say that I believe it to be true. As I have dared to share my story with others, the ups and downs, the ins and outs, of being Jeanne in this lifetime, others have

been able to relate deeply and to appreciate the connection that such sharing nurtures.

What if this is a book of connection? What if this is simply a story ... a story of human experience, human evolution, spiritual expansion, coming into one's own? You see, that is what feels most vital to me now. When I share from the edge of my growth, I share with purpose and passion, energy and joy! When I simply relate what I have done or things I have learned, I get bored. That fact has kept me from considering authoring a book for years. I don't want to revisit the past! I don't want to do things that bore me anymore! Do you? It wasn't, however, until this very day that it occurred to me that I could "begin in today" to discover the book that lives within me as I connect with you in these pages.

Sound interesting? Do you want to make a connection through story, through asking yourself some of the same questions I find in me in the time ahead? I hope so! If you're ready, let's get started.